



International Handbook





Welcome to Linköping University!

Welcome to Linköping University! We are the student Union LinTek. LinTek stands for Linköpings Teknologers Studentkår and is the student union representing students at the Faculty of Science and Engineering at LiU. A student union works much like a labour union and works towards high-quality education, a good work environment, student rights and strengthened student influence. In addition to this, LinTek also organises career development activities and various social events.

We are welcoming you to our university and hope that your time here will be very good. To make your settlement easier, we have put together a handbook with a mix of information. We hope that you will find it useful and that you will soon be a part of the student life at Linköping University!

Welcome!





Glossary:

Some words used by the student at LiU can be quite strange, even for Swedish non-students. Here we have gathered the words that are not always translated correctly by google translate.

Akademisk kvart = Academic quarter, by tradition, most lectures start 15 minutes after the hour.

Ovve = A type of overall/pants used by students during the welcoming period and at certain parties. *Read more about the tradition of the ovve in the chapter <u>The overall</u>, "ovve".*

Kravall = A certain type of party were most students wear an ovve (it's not required but a norm).

Dugga = A smaller type of exam.

Klägg = A small treat that you eat with (or without) your coffee.

Sittning = Seating, a large seated dinner with other students. Usually containing entertainment and songs.

Corson = The main street that goes through the campus at Valla.

Chapter = An student association based on one or several programs. (The Swedish word that is used is *Sektion* which can sometimes be mistranslated to *section*.) Students at LiU relate very much with their chapter, the chapters have specific events and there are committees within the chapters that help students among their program.

Nolle-P = Translation: "zero-period". During the wellcome period of the new students (of bachelor degree, the new students are called NOLLAN. This time period is hence called Nolle-P.





Table of Contents

Welcome to Linköping University!	2
Glossary:	3
LinTek	7
Who are we?	8
How to Register for a membership in LinTek	9
What we do	10
Student Influence and Student Rights	10
Education	10
Working environment	11
Equal opportunities	11
Business collaborations	12
Career fair, LARM	12
Collaborations with companies	12
Events and social life	13
The reception	13
München Hoben	13
Getting started	14
Housing and Accommodation	14
KOMBO	14
Emergency Accommodation	15
Help from Linköping University	15
Study Guidance at the Faculty of Science and Engineering	15
International Office and LiTH International	15
Studenthälsan - Student Health at Campus	16
Student Life	16
The Chapters of the Faculty of Science and Engineering	16
Chapters in Linköping	17
D-sektionen	17
I-sektionen	17
M-sektionen	18
MatNat	18
TBi-sektionen	19
Y-sektionen	19
Chapters in Norrköping	20
Logistik-sektionen	20



N-sektionen	20
Studentlivet.se	21
Orbi	21
The Overalls, "ovve"	21
Pre-parties	22
Student associations (for international students)	22
Erasmus Student Network	22
East Asian Association (EAA)	23
ISA - International Student Association	23
ISO - Indian Students Organization	23
Life at campus	24
Finding your way	24
Lunchtime	24
Studying at Campus	24
BokAB: Purchasing course literature	25
Transportation to and from campus	26
By Foot	26
By Bike	26
By Public Transportation	27
Campusbussen	27
Popular and useful locations for students	28
Campus Valla in Linköping	28
Kårallen	28
Baljan	28
Unicrew	29
Märkesbacken	29
Studenthuset	29
Byttan	29
Student Pubs in Linköping	29
Flamman	30
VilleValla	30
Kårhuset Kollektivet	30
Örat	31
Ryds Herrgård [hg]	31
Campus Norrköping	31
Studentfiket	31
Student Pubs in Norrköping	31



Trappan	32
Pub Vattentornet	32
Other good info	32
Supermarkets and stores	32
Swedish supermarkets	32
IKEA	33
LiU Student Secondhand	33
Second hand shops in Sweden	34
Recycling	34
Alcohol and smoking	34
Alcohol in Sweden	34
Smoking	34
Narcotica	35
Useful contact information	35



LinTek

LinTek is the student Union at the Faculty of Science and Engineering at Linköpings University (LiU). LinTek stands for Linköpings Teknologers Studentkår and represents all students at the Faculty of Science and Engineering at LiU. Aside from LinTek there are two other student unions at LiU; Consensus for the students of the Faculty of Medicine and Health Sciences and StuFF represents the students of the Faculty of Arts and Sciences as well as the Faculty of Educational Sciences.

This chapter describes our organisation, who we are, what we do, how we can help you and what you can expect from us during your year.



Contact:

Website in english: LinTek

Facebook: <u>LinTek - Linköpings teknologers studentkår</u>

Instagram: @lintek_liu



Who are we?

LinTek is driven by students who either work full-time or half-time parallel to their studies during one year. To work full time, the students take a sabbatical year. So shortly the organisation is maintained by students who want to facilitate and improve the life of other students, you included.



The Union Management team have their office in Kårallen. You are free to come and say hi to us!

If you want to know more about us and our union, check out our website: <u>LinTek</u> or follow us on our social media sites listed below.

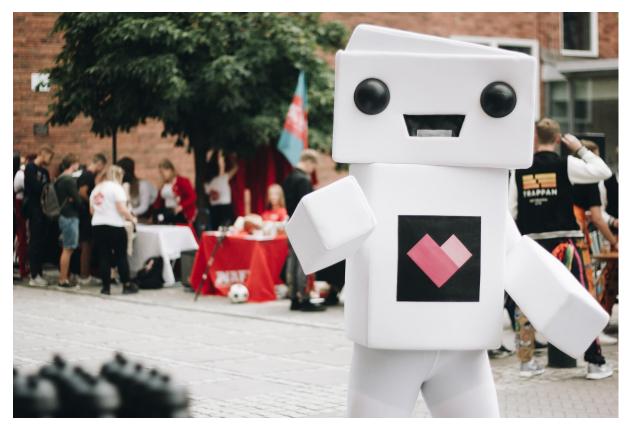
Contact

Website in english: LinTek

Facebook: LinTek - Linköpings teknologers studentkår

Instagram: @lintek_liu





Our own mascot, the robot Linus.

How to Register for a membership in LinTek

The fee to be a member of LinTek is 150/year or 100/semester. To sign up for a membership, the easiest is to go to LinTek's website and use your newly acquired Swedish personal identity number together with your LiU login credentials. If you find that you need help or have any questions, come to our office on the third floor in Kårallen and knock on any of the black doors with our logo on. Alternatively, send an email to international@lintek.liu.se.

There are multiple benefits of being a member in LinTek including:

- Discounts at parties and food in the union houses.
- Priority to some events by LinTek Näringsliv (LinTek's business relations group) and to pre-LARM (events leading up to LinTek's career fair).
- Discounts at LinTek's bookstore, BokAB
- Priority to be a host at LinTek's career fair, LARM.





Note that you don't have to be a member to participate on our events or be represented by us.

What we do

Student Influence and Student Rights

As a student at Linköping University, you have great opportunities to influence your education and working environment. Students are represented in most university groups and have a say on the decisions they make. The student union is responsible for appointing student representatives.



Education

Student's are represented in the groups that plan the programmes and make decisions about the courses. The decisions can be about how a course can be examined, in what order students take courses in a programme or what courses should be taught. As a programme student, you are represented by a student from the student chapter you are assigned to. Contact your student chapter if you have questions or opinions about your





specific education. As an exchange student, you can directly write to Lintek for your questions or opinions using the mail address: international@lintek.liu.se.

Another method to influence your education is by filling in course evaluations. After each course, an evaluation form called Evaluate is sent by email to all students taking the course. By answering it, you can make your voice heard and improve the course. Better courses can lead to an improved program with a better reputation, making you more attractive to employers.

Contact

Head of Educational Affairs (Lintek): <u>uau@lintek.liu.se</u>.

Working environment

Working environment refers to your physical, organisational, and social conditions. The physical work environment pertains to issues with the buildings and environments that are used for educational purposes, while the organisational and social work environment pertains to risks that may affect the mental and physical health. This concerns both social issues and work organisation, as long as it is related to your education.

As a student it is important that you can influence your work environment. The student union has a central working environment representative, who you can contact by email if you have any questions regarding your work environment or rights.

Every chapter also has at least one working environment representative, who actively works with the work environment for the members of the chapter. If you have any concerns about your work environment, you can contact them.

Contact

Central working environment representative for students: camo@lintek.liu.se

Equal opportunities

Equal opportunities is LiU's umbrella term for the work to promote equal rights, opportunities and obligations. That includes to counteract all forms of discrimination, harassment, sexual harassment, victimisation and exclusion.





If you have been subjected to offensive treatment you can contact your student chapter or the central working environment representative at the student union for advice on what to do next. You can find more information on the student intranet.

Business collaborations

One of LinTeks aims is to help students in their life after their time at the university. Lintek therefore organises a career fair and several events in collaboration with companies.



Career fair, LARM

One of the biggest events that we organise is the career fair, LARM. During this day, students get a chance to meet and connect with representatives from large and small, local, and international companies. Maybe you will meet a potential employer or future boss there!

LARM will take place in the beginning of February on Campus Valla. Check out their website for more information.

Collaborations with companies

LinTek organises several occasions for students to meet companies. This can be through recruitment fairs, CV-workshops or organising After Works with companies. In charge of those events is LinTek Näringsliv. The majority of the events are in english or can be adapted to english. See more of Näringsliv's work on their social media sites:

Contact

Facebook: <u>LinTek Näringsliv</u> Instagram: <u>@lintek_naringsliv</u>



Events and social life

LinTek is responsible for several social happenings and events during the year.

The reception

The reception, or the welcome weeks, at LiU is called Nolle-P which refers to the nickname of the new students NoLLAN (english the zero(s)). The reception is a collaboration with the chapters where the new students are welcomed with a variety of activities, study help and parties. This is held for two weeks, starting in the middle of August. During this time of the year, you will find strange people in costumes and sunglasses wandering around on campus. Don't be afraid, they are part of the reception.



München Hoben

München Hoben is Linköping's own Oktoberfest, but in August. The party is organised by LinTek and is held in the middle of August every year in connection with the welcome period for new students. During the event thousands of students can buy beer at the festival and dance along to an invited artist in the evening.







Getting started

Finding somewhere to live is not always easy. We have tried to summarise some housing agencies and organisations that can help you get started.

Housing and Accommodation

Linköping University has a <u>page</u> that describes how to find accommodation in Linköping and Norrköping.

Most housing agencies in Sweden function with a housing queue, where the one who signed up for the queue first will have priority when applying for apartments. Therefore, we suggest that you sign up for housing as early as possible on <u>Studentbostäder</u>, <u>Byggvesta</u> and <u>Heimstaden</u> if you will be studying primarily in Linköping. If you are a student studying in Norrköping for at least 2 semesters, you can sign up for housing at <u>studentbos</u>.

New for this year is that all students in Norrköping are guaranteed accommodation.

KOMBO

KOMBO is the students' tenant association, run by Kårservice. Their services are free for all students at Linköping University. They help you negotiate rents and other conditions for the tenants with different accommodation associations, for example at Studentbostäder i Linköping AB, ByggVesta, Heimstaden and Studentbo i Norrköping AB. This means that KOMBO can represent you in negotiations concerning the state of student accommodation, rent and much more. If you need legal advice or help finding housing, KOMBO can give you guidance. More information can be found on their website.

Contact

Website: **KOMBO**





Emergency Accommodation

KOMBO offer emergency accommodation at the beginning of the fall semester. These are short term solutions for students that haven't been able to find an accommodation in the beginning of their studies. The emergency accommodations are smaller apartments close to campus with several beds. The cost for one night is 120 kr and the cost for one week is 800 kr. This option is only available between August and mid October.

Read more about emergency accommodations at KOMBO's webpage <u>here</u>.

Help from Linköping University

Since LiU created the intranet, you have to log in to see some of the information. Make sure to log in with your liu-adress before you click the following links.

Study Guidance at the Faculty of Science and Engineering

If you are studying your masters at LiU, the Study Guidance can help you with study-related tasks like change of courses or creating an individual study plan. Every master program has a specific study guidance counsellor, and you can find yours on the student intranet. Exchange students can contact them by email for study related questions.

Contact

Intranet page: Study guidance at the Faculty of Science and Engineering

International Office and LiTH International

The International Office works with international questions on the university level and is a resource for all incoming students, especially at the beginning of your time here at LiU. They have a website with information on everything from home insurance to where to eat. There is also a Facebook page with useful information for international students. You can also contact LiTH International, which works specifically for international students at the Faculty of Science and Engineering. They are a resource and help during your entire study time at LiU. They can help exchange students with study-related questions.

Contact

Email LiTH International: incoming@lith.liu.se



Studenthälsan - Student Health at Campus

The Student Health, called *Studenthälsan*, is a centre owned by LiU, which offers support and advice on mental or physical health problems. They offer individual consultations, group activities, workshops and digital resources in preventative health care. If you have a disability, for example dyslexia, they can help with extra support, such as tools or a prolonged time during exams..

Please note that the Student Health Care is not a health centre for medical advice. For medical advice, please call 1177 for a free health service provided by the Swedish state or visit their website 1177.

Student Life

Every university has their traditions and activities. This chapter explains some of the traditions and how the engagement and associations among students works here at LiU.

The Chapters of the Faculty of Science and Engineering

Every programme student is assigned to a student chapter through their study programme. A chapter is an association that strives to make student life as good as possible for the students it represents. In collaboration with LinTek, the sections arrange a welcome period for the new students and throughout the year, they arrange parties and pubs as well as industry and commerce events for the section members. They also monitor the study environment and programs that the section represents.

Students at LiU relate very much with their chapter, the chapters have specific events for their members, both active members but also the students from the represented program. Active members are the students that are part of the chapters various committees. Each committee focuses on different tasks related to the chapter, such as marketing, case-nights, lunch lectures, events, educational questions and representation and working environment.

Membership in the sections is voluntary but is a good opportunity to get to know students that study the same subjects as you and learn a lot through the engagement in the section.





Note that the Swedish name for chapter i *Sektion* which is commonly mistranslated to *Section*. In this handbook we have used the word *chapter* but you may encounter *section* during your stay here.

Chapters in Linköping

These are the following chapters with master programs at the Faculty of Science and Engineering in Linköping.

D-sektionen

D-sektionen is the chapter for computer science. Their master programs are:

• MSc. in Computer Science

• MSc. in Cybersecurity



Contact

Website: D-sektionens.se

Email, general questions: <u>info@d-sektionen.se</u>

Facebook: Datateknologsektionen

Instagram: @dsektionen

I-sektionen

I-sektionen is the chapter for industrial engineering and management. They have a master program called MSc. in Industrial Engineering and Management which have several specializations.

Contact

Website: <u>www.i-portalen.se</u>

General questions: styret@isektionen.se

Facebook: Industriell ekonomi Instagram: @isektionen_liu



M-sektionen

M-sektionen is the chapter for mechanical engineering, sustainability engineering, aeronautical engineering and design. Their master programs are:

- MSc. in Aeronautical Engineering
- MSc. in Design
- MSc. in Mechanical Engineering
- MSc. in Sustainability Engineering and Management

Contact

Website: <u>www.maskinteknologsektionen.se</u>

General questions: styret@maskinteknologsektionen.se

Facebook page: <u>Maskinteknologsektionen</u>
Instagram: @maskinteknologsektionen_liu



MatNat

MatNat chapter is the chapter for the science programs, such as mathematics, physics, biology and chemistry. Since a few years back, they also have the animal psychology program. Their international master programs are:

- MSc. in Applied Ethology and Animal Biology
- MSc. in Chemistry
- MSc. in Ecology and the Environment
- MSc. in Mathematics

Contact

Facebook: MatNat-sektionen Instagram: @matnatsektionen Website: https://matnat.se/

General questions: styrelsen@matnat.se





TBi-sektionen

TBi-sektione is the chapter for the engineering programs in kemistry and biology. Their international master program is:

• MSc. in Protein Science

Contact

Website: www.tbisektionen.com

General questions: info@tbi.lintek.liu.se

Facebook: <u>TBi-sektionen</u> Instagram: @tbisektionen



Y-sektionen

Y-sektionen is the chapter for applied physics and electrical engineering. Their international master programs are:

• MSc. in Biomedical Engineering

• MSc. in Communications Systems

• MSc. in Electrical Engineering

Contact

Website: www.ysektionen.se

Questions: ordforande@ysektionen.se

Facebook: Y-sektionen Instagram: @ysektionen





Chapters in Norrköping

These are the following chapters with master programs at the Faculty of Science and Engineering in Norrköping.

Logistik-sektionen

Logistiksektionen is the chapter for logistics. Their international master program is:

• MSc. in Intelligent Transport Systems and Logistics

Contact

Website: https://logistiksektionen.se/

General questions: info@logistiksektionen.se

Facebook: Logistiksektionen Instagram: @logistiksektionen



N-sektionen

N-sektionen is the chapter for constructions engineering. Their international master program is:

MSc. in Digital Construction Management

Contact

Webpage: https://n-sektionen.se/

General questions: info-web@n.lintek.liu.se

Faceboook: N-sektionen Instagram: @nsektionen





Studentlivet.se

Studentlivet, "the student life" in English, is a site where information is shared. On this site you can find a list of the associations as well as information about upcoming events. Check it out here!

We are under a transition to move more and more information about events from Facebook to Studentlivet.se.

Orbi

Orbi is used to buy tickets to events. It's a new application so it's still under construction.

The Overalls, "ovve"





The Overalls, called ovve, are the suits of the students at LiU and some other universities. It consists of an overall where you tie the sleeves around your waste. Each chapter has an overall in a specific colour which makes it easy to see what the student is studying. Exchange students can buy an overall from ESN, which is in a blue colour. At LiU, it is a tradition that students wear overalls during the welcome periods and at parties known as "kravaller".

Students tend to personalise the overall as much as possible. It is therefore custom to add your name on one of the legs and add patches from different events and parties that you attend, as well as fun patches, on the other leg. You can buy patches at LiU Store in Kårallen or from the party committees. Your section should have patches for sale, and you can get a LinTek patch from us at LinTek if you become a member! If you would like to see all the overall combinations you can check Studentlivet.se's list here.



Pre-parties

In Sweden it is common to have a pre-party in someone's home before going out. This often involves hanging out, listening to music, dancing and drinking. Some may even say it is even more fun than actually going to the club afterwards.

Student associations (for international students)

There are a lot of student associations at Linköping University. These can be anything from a student orchestra to running a café to working on building a racing car. You can find a full list of the student associations on Studentlivet.se - Associations.

Below, the student association specifically aimed for international students are presented, although the students involved in the association are not seldom from Sweden.

Note that most of the other student associations are open for international or exchange students as well. Just send them an email!

Erasmus Student Network

Exchange students can find themselves welcomed by the Erasmus Student Network (ESN) in Linköping. ESN Linköping is a part of ESN, one of the largest student volunteer associations in Europe. Each term, they arrange potluck dinners, parties, sewing evenings, pubs, and various other events. Apart from these, they also organise trips to various must see places in Sweden and beyond.

By becoming a member of ESN Linköping, you will receive the ESN card through which you can get access to several bonuses. These include discounts at events and trips as well as discounts at ESN's international partner companies.

Contact

Website: esnlinkoping.org

Facebook: <u>facebook.com/esnlinkoping</u>

Instagram: @esnlinkoping

Email, general questions: info@esnlinkoping.org







East Asian Association (EAA)

The East Asian Association (EAA), works with helping exchange students feel a part of the Swedish student life. The association regularly arranges language exchange events, referred to as conversation corners, that promote language exchange in Chinese, Japanese and Korean. They also host cultural activities, such as cooking and movie events, as well as two dinner parties every year.

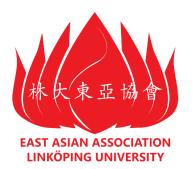
Contact

Website: https://eaaliu.se/

Facebook: East Asian Association at Linköping

<u>University</u>

Instagram: @east asian association



ISA - International Student Association

International Students Association, or ISA for short, works with organising activities for all international students at LiU. Along with their travel partners, they also organise several trips through beautiful Scandinavia so you can explore your new surroundings.

Contact

Website: www.isa.studorg.liu.se

Facebook: ISA - International Students Association,

Linköping

Instagram: @isalinkoping



ISO - Indian Students Organization

ISO Linköping organises various cultural events and celebrates Indian festivities at LiU. They recruit members every operational year to give you all a wonderful cultural and traditional experience.

Contact

Facebook: ISO - Indian Students Organization,

Linköping

Instagram: @iso.liu

Email: liu.indianstudentorganization@gmail.com







Life at campus

Linköping University consists of multiple campuses across three cities. There are two campuses in Linköping; LiUs main campus called Campus Valla and the one at the hospital called Campus US. Campus US is where most courses in medicine, healthcare and other subjects adjacent to medicine are held.

Campus Norrköping is, as the name suggests, located in Norrköping. As a student at LiU you can travel for free between campus US, Valla and Norrköping with the campus bus "<u>Campusbussen</u>". All you need to do is blip your LiU card. Note that if you do not have an active LiU card, you will have to take another form of public transportation.

Finding your way

Linköping University consists of multiple campuses in three different cities. Regardless of which campus you will spend most of your time at, the general idea for finding your way around campus is the same: You download a <u>map of campuses</u>. If you need to find specific rooms, you can also use the <u>search function</u> to quickly find your way. We suggest saving this site as a shortcut, as it will be frequently used. It is also possible to google the name of the room and add LiU, for example "R23 LiU", to find a detailed description on how to get there. Click on the speaker bubbles to find the floor plan of the buildings. Good to know is that "floor 2" is equivalent to ground floor in almost all buildings.

Lunchtime

Students have a lunch break between 12:00 and 13:15. There are several restaurants and cafes on or close to the campuses but no one is very cheap. The price to buy lunch at campus is around 100-150 kr. The option to bring your own lunch in a lunchbox is therefore the most common one among students. There are several student kitchens with plenty of microwaves where the food can be heated. Due to the high demand on microwaves the queues to heat your lunchbox can be enormous right after classes at 12. You can find a list of student kitchens if you log in to the student intranet then click on "Campus and premises" and then "Eat and fika".

Studying at Campus

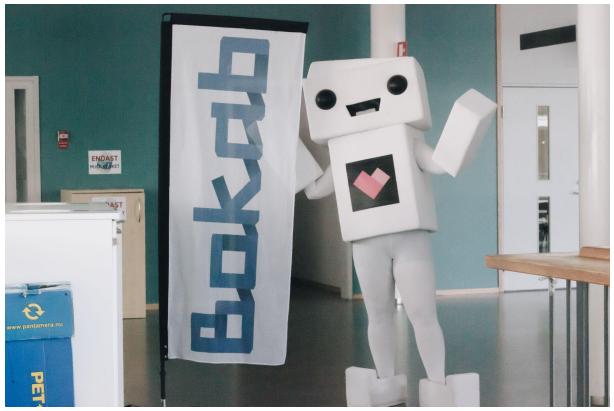
There are various study spots scattered all over campus. As a student it is also possible to book study rooms if you need a more quiet spot for group work, or simply for



yourself. You can book these rooms 2 days in advance through the <u>intranet</u> or through the LiU application, Liu-app.

There are also silent rooms if you need silence or if you are seeking meditation or prayer. On campus Valla you will find this in House B, entrance 21, floor 2 (Room 221:223). On campus Norrköping the location of this room is Kopparhammaren 2, floor 1 (room 1111). You can enter using your LiU-card and personal code weekdays between 7 a.m. to 9 p.m or on Saturdays between 7 am and 3 pm.





If you need to buy course literature, you can do so by visiting Bokakademin (Bokab). It is located on campus Valla, Kårallen and opens a temporary store on campus Norrköping at the start of each study period. Bokab sells course literature as well as stationery and school supplies you may need during their studies. You will find most of the course literature, and the staff can answer questions about literature for a specific course. They also have digital textbooks that you can rent or buy on their web shop.

See the opening hours on their website.



Transportation to and from campus

Regardless of the city you will live in, they are walkable, bikeable and have a good public transportation system.

By Foot

You can rather easily get around the city by foot. In winter, it is recommended to use reflexes when it gets dark, even if the path has lights.

By Bike

The easiest way of getting around in Linköping is by bike. In Linköping, students bike all year round and biking is most students' choice of transportation. Since the campus in Norrköping, as well as the student residential areas, are in the city centre, biking is not as common in Norrköping.

Even if there can be a lot of snow in Sweden during winter, most bike lanes in Linköping are cleared of snow. So the bike is an option all year around.

By law, your bicycle needs to be equipped with a bell and a brake, as well as reflectors and a light if you bike in the dark. You will need to have a red rear reflector and a white front one, as well as pedal reflectors. There needs to be a white light pointing straight forward and one red one pointing straight back. Lights can be purchased at regular grocery stores. Sadly there are a lot of bicycle thefts, get a good lock and remember to use it.

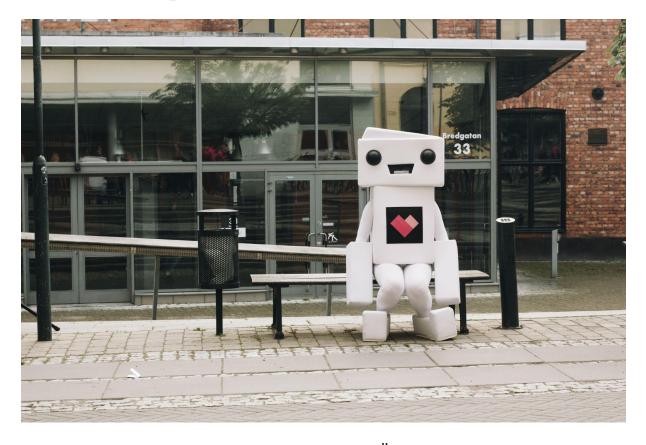
Some students park their bikes rather badly on campus. This can easily make the roads impassable, so make sure you park it in a bicycle rack or away for entrances and walkways, so it doesn't prohibit accessibility to the buildings. You should also bike on the right side of the road.







By Public Transportation



Linköping and Norrköping are both located within Östergötland county. This has led to the cities using the same public transportation network: Östgötatrafiken. Östgötatrafiken runs most buses within the county as well as a train that goes between the cities. The easiest way to buy a ticket is to download the app *Östgötrafiken* and purchase a ticket through the app. You can purchase a student ticket for a reduced fare, so long as you have a valid student card (for instance *Mecenat*, *ISIC*, *Studentkortet*). You can also use your bankcard to buy a ticket on the bus, but in this case you may not be able to buy a reduced fare ticket. **Do note that in Sweden they generally do not accept cash on the buses or trains.**

Campusbussen

If you're travelling between Linköping and Norrköping during a weekday we suggest using the Campus Bus called Campusbussen, read more in the beginning of the chapter <u>Life at campus</u>. The bus goes between the three campuses during weekdays and is free for all students. Read more about the bus on the <u>intranet</u>.



Popular and useful locations for students

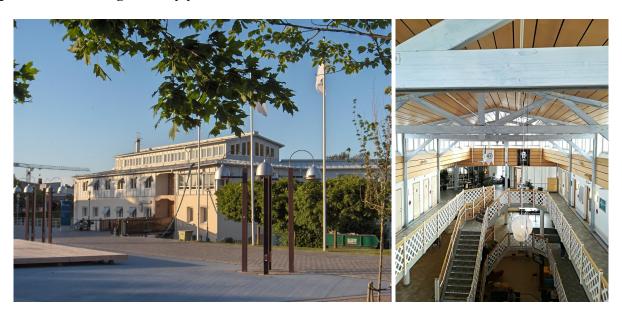
Linköping University has a culture of students engaging in associations that organise activities or large projects. This has also led to a lot of student associations that run pubs, shops, cafés or similar.

Campus Valla in Linköping

There are many places to visit in Linköping. A lot of them you will find on campus Valla, and a few are spread out in the rest of the city, typically close to student residential areas. Some examples of these are listed below.

Kårallen

The student union building Kårallen is in the middle of the campus Valla in Linköping. Here you will find the offices of the students working for LinTek and many student associations, meeting rooms, a restaurant, a student cafe and other facilities. Kårallen transforms into a party venue some evenings where many of the student life's biggest parties are arranged every year.



Baljan

On the bottom floor of Kårallen you can find *Baljan* (Swedish for a large bucket). Sektionscafé Baljan is a student-driven non-profit organisation that aims to provide





students with coffee, snacks, and treats (mostly "fika") at reasonable prices. They are open 8 am - 4.15 pm on weekdays. If you want to be able to skip the queue for coffee, you can buy a coffee card and be able to use your LiU card to pay for the cup.

Unicrew

On the first floor of Kårallen you can find a shop run by a student association that sells various products (clothes, water bottles etc.) with the liu-logo on them. The shop also sells patches for the student overall. They are open Tuesday to Friday between the hours of 10-14.15.

You can see their products on their website here.

Märkesbacken

On your way from Ryd to campus Valla you will find several emblems on the road. This part is called *märkesbacken* which is translated as the brand-hill. All emblems represent student associations and are repainted by each association before the welcoming week.

Studenthuset

Studenthuset is the large red building located in the middle of Campus Valla. In this building you will find the library at the bottom floor (below the entrance floor), a lot of study places, computers and the information desk.

Byttan

Driven by the same student-organisation as the one that runs <u>Baljan</u>, Byttan is a student-café located on the entrance floor in Studenthuset. They are open 8 am - 4.15 pm on weekdays. If you want to be able to skip the queue for coffee, you can buy a coffee card and be able to use your LiU card to pay for the cup. The same system works for both places.

Student Pubs in Linköping

Students at LiU are running several student pubs in Linköping and Norrköping. They offer a place to hang out with your friends in the evening, nightclubs at night and some even have study places during the day.





Remember that the staff at the student pubs are fellow students. Their work is done voluntarily so that you can have a nice evening. Treat them with respect and follow their instructions.

Flamman

Flamman Pub and Disco is a pub and nightclub open for students at Linköping University. They are located at the student housing area <u>Flamman</u> which consist of apartments and corridors. Wednesdays they offer live music, stand-up or quizzes while you can devour a hamburger and drink some beer. On Fridays and Saturdays, the basement of the residence turns into a nightclub where students come together to dance and sing their hearts out to <u>Angels by Robbie Williams</u> as the last song of the night.

Visit address: Västanågatan 22, Linköping

Website: www.flamman.org

VilleValla

VilleValla is a student pub located in the student housing area <u>Irrblosset</u>. At VilleValla you can enjoy an evening with food, board games and a great variety of beer. They have more than 100 kinds of beer and a tap system with 20 beer taps.

Visit address: Vallavägen 4C, Linköping Website: www.villevallapub.se/english

Kårhuset Kollektivet

Kårhuset Kollektivet, or KK for short, is a student union building located in central Linköping. KK has study places, a restaurant, pub, outdoor seating and space for various student parties, events, and conferences. At KK there is also a theatre called Forumteatern, where student performances known as "spex" are performed.

Visit address: Ågatan 55, Linköping Website: <u>www.karhusetkollektivet.se</u>





Örat

In the student union building Örat at Campus US, you will find the office of the student union Consensus. During daytime you will find Café Örat here, and during the evenings Örat is occasionally used for pub events. Örat can also be booked by students.

Visit address: Entrance 73 (US-area), Linköping

Website: www.orat.nu

Ryds Herrgård [hg]

In the middle of Ryd, you will find a classical mansion known as Ryds herrgård, abbreviated [hg]. [hg] has been a Student Union building for over 50 years. You will find study spaces with free coffee, conference rooms and language cafés during the day. At night (mostly weekends) the house is transformed into a pub and nightclub.

Visit address: Alsättersgatan 19, Linköping (Ryd)

Website: www.hg.se

Campus Norrköping

As Campus Norrköping is located near the city centre, there are a lot of options for students that are looking for something to buy or do. In this handbook you can find a few of the popular places which are all run by students.

Studentfiket

Studentfiket is a student-driven café located on the 5th floor of Täppan. At this café you can buy cheap coffee and tea, as well as an assortment of sweets and beverages. You can also rent extension cables if you need it during the day.

Visit address: Bredgatan 52, campus Norrköping

Website: https://www.studentfiket.com/

Student Pubs in Norrköping

In Norrköping, more students visit the ordinary pubs in the city. However, there are several student driven pubs which we list here.





Remember that the staff at the student pubs are fellow students. Their work is done voluntarily so that you can have a nice evening. Treat them with respect and follow their instructions.

Trappan

Trappan is the Student Union building at Campus Norrköping. Here you find study places and, amongst other things, pub events, parties, live shows, quizzes and catering of food, coffee and fika.

Visit address: Kungsgatan 40, campus Norrköping

Website: www.trappan.nu

Pub Vattentornet

Pub Vattentornet is a student pub located in an old water tower. At Pub Vattentornet you can enjoy an evening with food, board games and a great variety of beer.

Visit address: Lennings gata 2, Norrköping

Website: www.vattentor.net/

Other good info

Supermarkets and stores

Swedish supermarkets

Shopping in a foreign country can be difficult, here is a list of most common supermarkets that are close to student residences.

- Hemköp This store is the main supermarket in the student area Ryd.
- Willys A supermarket with fairly low prices. However, they are not located close to any student areas.
- ICA One of the most common supermarkets in Sweden. Can be in different sizes, where ICA Maxi is the biggest one.
- Coop Also a common supermarket for groceries. Very similar to ICA and Hemköp.
- Lidl A German low price grocery store with a lot of variety of food. However, it is located far away from any student areas.
- City Gross Also a common supermarket for groceries, but always in a bigger format. Very similar products to ICA.





IKEA

IKEA is a Swedish store where you can buy furniture and everything you'll need for your home. It is quite cheap but you have to reassemble the furniture by yourself.

Good luck!

LiU Student Secondhand

If you wish to buy some furniture or home supplies second hand there is a student driven second hand shop at campus Valla in Linköping. It is called LiU Student Second Hand (LSSH) and is located in the basement of the A-building, entrance 19. LSSH is part of the student association <u>Navitas</u> that works with sustainability.

You can find both small objects, such as cutlery, and large pieces of furniture, as well as borrow a transport bike. They also arrange transport days a few times per semester when they deliver the furniture to you in exchange for a small fee. They are open Mondays and Thursdays around lunchtime and Thursday evenings. They are also the perfect place to donate things when you want to get rid of things that are still in a good shape!

For more information, visit their webpage or follow them on their social medias. It's also possible to be a part of the association during your time here.

Contact

Website: LSSHFacebook: LiU Student Secondhand

Instagram: @liustudentsecondhand



LIU STUDENT SECONDHAND



Second hand shops in Sweden

There are several second hand shops where you can buy cheap things or clothes. We have listed some of the common ones:

- Myrorna
- Hjärta till Hjärta
- Röda Korset
- Erikshjälpen

Recycling

Sweden is a world-leader in recycling, and most homes and workplaces have recycling bins for different materials. Recycling bins are widely spread throughout the campuses of Linköping University.

Beverages in Sweden are often sold in deposit-paid bottles. You pay SEK 1 to 2 extra (called pant) for beverages in plastic or aluminium containers, which is returned when you return the bottle or can at a "pantstation" which is a machine that recycles and pays out a receipt for you to spend in the store hosting the machine (available at most grocery stores, for example Hemköp in Ryd).





Alcohol and smoking

Alcohol in Sweden

Alcohol laws are quite strict in Sweden and except for restaurants, bars and clubs, alcohol is sold only in the state-owned monopoly stores, Systembolaget. The minimum age for buying alcohol at Systembolaget is 20 years old. Light beer/cider can be bought in supermarkets. Be ready to show a valid photo ID. In bars and restaurants, the legal drinking age is 18 years old. An ID is required here as well, including student pubs.

Smoking

Smoking is forbidden in many public places in Sweden, i.e. at entrances, in restaurants, coffee shops, shopping centres, nightclubs, outdoor seating, train stations etc. Smoking indoors is never allowed or accepted.

A good thing to know is that the campus area is a smoke-free area, hence you are not allowed to smoke at the campus.

Narcotica

All types of narcotics are strictly forbidden in Sweden. Strict penalties apply for selling and using drugs.





Useful contact information

Here is a shortlist of telephone numbers to call and email addresses, in case you may need help with anything.

Emergencies: 112

Police (non-emergencies): 114 14

Medical advice (free): 1177

Campus Security: 013 - 28 58 88

- This number can be found on your LiU-card as well.

LiU Information Center: 013 - 28 10 00

LinTek international: international@lintek.liu.se

LinTek Work environment: camo@lintek.liu.se

LinTek education: ua@lintek.liu.se

LinTek - Your buddy in your study!

This form is currently under construction and prone to be improved for the next semester (autumn 2023).

If you have any suggestions or input for our upcoming handbook, please fill in <u>this form</u> to help us improve the life of new international students.

